

# Tiwari Watson Dental Care May 2019



## WE HAVE A WINNER

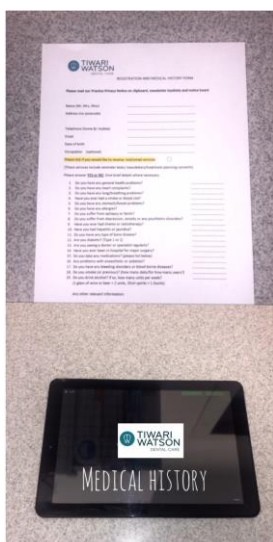
Last month's lucky winner of the Easter chocolate hamper was Stephen Ohara! Well done Stephen, we had multiple entries for this competition of guessing how many teaspoons of sugar was in the hamper. We can now reveal the correct answer was 41 teaspoons, no one got this answer exactly however Stephen had the closest guess with 38! The Weekly recommended maximum sugar intake for adults is 7 teaspoons per day and 5 teaspoons for kids.



We hope all of our patients had a wonderful Easter break!



## Our new Digital Pads



As part of our commitment to the environment, we would like to introduce our new digital pads, allowing us to go paper free for medical history forms and treatment plans. Paper copies are still available if preferred however we aim to send all treatment plans via email from now on. Thank you.



**Eco-Friendly**



## Match the pet

For this Month's competition you must match us to our pet!  
We are giving you the chance to win a free scale and airflow  
polish worth £30, an excellent way to brighten your smile as  
the Image below shows. To enter email your guess to  
[info@tiwariwatsondentalcare.co.uk](mailto:info@tiwariwatsondentalcare.co.uk) or Message us on  
Facebook or enter in practice.



## Instagram Giveaway!

We are also running an Instagram Giveaway competition. This involves getting  
our Instagram page to 1000 followers! Once we reach this number of followers,  
we will be giving away a prize to one lucky winner!!

Follow us @tiwariwatson1 and tag your friends for a chance to win this huge  
giveaway!

## National Smile Month



National Smile Month is the largest and longest-running campaign to promote good oral health.

Together, with thousands of individuals and organisations, it highlights three key messages, all of which go a long way in helping us develop and maintain a healthy mouth.

These are:

Brush your teeth last thing at night and on at least one other occasion with fluoride toothpaste.

Cut down on how much sugary food and drink you have, and how often you have them.

Visit your dentist and hygienist regularly, as often as we recommend.

## Practice Closed



Please note the practice will be closed on Monday 6<sup>th</sup> May and Monday 27<sup>th</sup> May for the Bank Holiday Weekend. On Friday 24<sup>th</sup> May we will be closing at 1pm. In the case of any dental emergencies please during our closure please call NHS24 on 111.

We hope you all have a wonder bank holiday!!

## Marie Curie

So far, we have raised over £669 for our Marie Curie fundraising! This is enough to fund over 33 hours of nursing care at the Marie Curie Hospice. Marie Curie is a charity that helps provide care and support for those with terminal illness. We would like to thank everyone who has helped us achieve this.



## Smile of the Month



Our Patient Karen wasn't happy with the colour of her teeth or her "gummy smile" and decided she wanted to change it. This new smile was created throughout the use of new crowns/bridge, composite bonding and some botox which was done by Aestheti Kaly.

Karen is absolutely delighted with her new smile!

If your interested in changing your smile give us a call on 01415573488 or let your dentist know when you are in practice, as there is various treatments available depending on your

## What you said about us



I am totally blown away with the treatment and customer service I have received at tiwari Watson. I have always struggled with going to the dentist as I've always been unhappy with my teeth but after hearing great things about Joe from many people I decided 8 months ago to go and see him and see if he could help me. From my first appointment right up until my last session of treatment I have felt totally comfortable putting my trust in joe and his team. I told joe what I wanted and he made it happen and more, I'm so pleased with my teeth I can't stop smiling. The full team are amazing, Joe is incredible at what he does, Teigan made me feel at ease during my long sessions, Lauren would always call me a few hours after a session to make sure I was okay, Sharon helped me sort my payment plan so easily I've never experienced such great care and I can't recommend them all enough. If you are a nervous patient and suffer anxiety from sitting in a chair too long listening to the daunting drills etc then tiwari Watson is the place for you they comfort you completely and even have special virtual glasses you can watch films on to distract you from the work being done it is phenomenal.. THANK YOU TIWARI WATSON!

"My experience at Tiwari Watson Dental Care was great, staff so friendly and helpful and dentist amazing, would highly recommend this practice to everyone, the best dentist I have been to" - Valerie

"As soon as I enter the Practice I always feel welcome to all at Tiwari Watson thank you so much everyone for the great service" - Owen



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Twitter- @tiwariwatson1

Our Email- info@tiwariwatsondentalcare.co.uk