

# Tiwari Watson Dental Care Newsletter November 2018



## AWARDS WINNERS

We Won!! - As you may have noticed we were finalists in the following categories at the Dentistry Scotland Awards:

- Best Patient Care
- Best Child Friendly Practice
- Best treatment of Nervous Patients

We are delighted to inform you all that we won Best Treatment of Nervous Patients for the third year in a row!. We also won Best Patient Care and picked up 'Highly Commended for Practice of the Year 2018!'

We would like to say a big thank you to all of our kind patients for your continuing support as it would not be possible without you!





## WE HAVE A WINNER

After last month's competition of guessing the name of the system which we use for an Airflow Scale and Polish to win a Free Scale and Airflow polish plus a TWDC goody bag filled with Oral hygiene products. The sentence of "State-of-the-art \*\*\*\*\* Air Powered Tooth Polishing System" which could be found on our website. We can now reveal the missing word and correct name for the system is a Prophy jet! Thank you to everyone who participated this month but as we can only have one winner we did another lucky dip and can now reveal that the lucky winner was Adele Loughran Well Done!!



who wants  
to win...

## Its Competition Time

One of our most popular competition is now back for this month, it's the Tooth Whitening Competition, where you have the chance to win a free Tooth Whitening Kit worth £250! For your chance to win this fantastic prize all you need to do is tell us which film this famous dentist is in and where his practice is?

All entries can be done through Facebook, Instagram, email and in practice.

Good Luck!!



## Friends and Family Test

Every month we survey our Patients to see if they would recommend us to their family and friends. 97% of Our patients said that they would recommend us, this is slightly lower than our usual monthly report as we have experienced a high amount of patients/emergency appointments and have been slightly running late at times, we can only apologies for running behind schedule as we do aim to see our patients exactly on time however sometimes this cannot always be done. We appreciate all your feedback and we aim to improve. Thank you all!

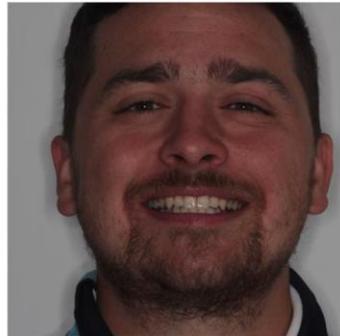


## Smile of the Month- This month's smile makeover



This smile transformation was created throughout the use of our invisible braces (**Invisalign**) and Tooth Whitening. Here is a photo of our patient Ross who could not be happier with his brand-new smile!

**TIWARI  
WATSON**  
DENTAL CARE



If your interested in improving your smile, give us a call on 01415573488 as we would be more than happy to help!

## Latest Courses

Our dentists Joe and Laura have recently attended Courses. Joe participated in a course of Precision Dentistry for cosmetic treatments such as veneers and crowns. Whilst Laura attended a course for Implantology and gum disease. All our staff are committed to continual professional development and learning new skills, ultimately so that we can provide a better standard of care for you, our patients.



## Advent Calendar

As Christmas is fast approaching and the usual advent calendar begins on December 1<sup>st</sup>, we have decided to approach it in a slightly different way by doing a reverse advent calendar. Rather than receiving, we will be donating something each day in December to a hamper and on Christmas Eve we will deliver this to our local Foodbank. If patients would like to bring in any donations, they are more than welcome and we will add this to our collection.

We thank you in advance for any kind donations.

### REVERSE ADVENT CALENDAR

Each day you add an item to the box and on Christmas Eve you donate the contents to a foodbank



November is Mouth Cancer Action month. This is supported by Mouth Cancer Foundation and the British Dental Health Foundation. This aim is to raise awareness of mouth cancer and the importance of early detection of this disease. This campaign encourages everyone to be more vigilant about any changes in their mouth. There are three main sign/symptoms you must not ignore:

- Mouth Ulcers which do not heal within 3 weeks
- Red and White patches in Mouth
- Unusual lumps or swelling in the mouth or head and neck area

If you notice any changes in your mouth please do not hesitate to contact us and book in to see your dentist as we would be more than happy to assist. Also, please note it is very important that you attend every 6 months for your dental health Check so that we can spot anything suspicious earlier!

## Be Mouthaware

Mouth Cancer Risk Factors



Tobacco



Alcohol



Diet



HPV  
(The Human Papillomavirus)



Chewing or  
smokeless  
tobacco



Environment



Mouth Cancer  
Action Month  
November 2018  
Oral Health Foundation

November is Mouth Cancer Action Month

Although mouth cancer can affect anybody, around 91% of all diagnoses are linked to lifestyle. This means that by amending our lifestyle choices, we can help cut the chances of developing mouth cancer

Get involved at [www.mouthcancer.org](http://www.mouthcancer.org)

## What you said about us this month...



“Professional Knowledge and support given to me during my appointment.”- William

“Made feel so comfortable considering how nervous I am going to the dentist.” - Melissa

“Just an excellent team providing an excellent service.”- Paul

Your Feedback is important to us - thank you for taking the time to write it!



Like our pages and give us a follow!

Facebook- Tiwari Watson Dental Care

Instagram- @tiwariwatsondental

Twitter- @tiwariwatson1

Our Email- [info@tiwariwatsondentalcare.co.uk](mailto:info@tiwariwatsondentalcare.co.uk)